

# TRITON SWIMMING PRACTICE SCHEDULE

## 2020-2021 SHORT COURSE SEASON

(Tentative - Subject to be changed)

START UP DATE: Monday, September 14, 2020

LOCATION: The Blairwood 50M & Bubbled Pool

*\* Note: All Swimmers should be on deck 15 minutes prior to in water start times in order to Stretch and do Dryland. ONLY IN WATER TIMES are listed below.*

### National – 8 Practices

5:15 – 6:45 am	Water Time	T,TH
4:30 – 6:30 pm	Water Time	M-F
7:00 – 9:00 am	Water Time	S

### Senior 1&2 – 7 Practices

5:15 – 6:45 am	Water Time	W
4:30 – 6:30 pm	Water Time	M-F
7:00 – 9:00 am	Water Time	S

### Senior Prep – 6 Practices

7:00 – 8:30 pm	Water Time	M-TH
6:30 – 8:00 pm	Water Time	F
9:00 – 10:30 am	Water Time	S

### Age Group Performance – 6 Practices

5:15 – 7:00 pm	Water Time	M,W
4:30 – 6:30 pm	Water Time	T,TH
5:30 – 7:30 pm	Water Time	F
9:00 – 11:00 am	Water Time	S

### Gold – 6 Practices

6:30 – 8:00 pm	Water Time	M-F
9:00 – 10:30 am	Water Time	S

### Silver – 5 Practices

6:30 – 7:30 pm	Water Time	M-TH
10:30 – 11:30 am	Water Time	S

### Bronze – 4 Practices

4:30 – 5:15 pm	Water Time	M-W-F
10:30 – 11:15 am	Water Time	S

### Pre-Competitive – 2 Practices – Blairwood Indoor Pool

4:30-5:30 pm	Stretching/Water Time	T&TH
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